

# NOSE LAB

@ Sydney Ear Nose and Throat Clinic

Ground floor, 67 Burton Street

Darlinghurst NSW 2010

Tel: 02 9360 4811 • fax: 02 9360 9919

Web: <http://sydneyentclinic.com>

Patient.....

Appointment.....

## Test(s) required (please note that challenge tests must be performed separately)

NASAL AIRWAY  
ASSESSMENT

For revision airway surgery, pre/post rhinoplasty, medicolegal documentation, OSA investigations, pre/post CPAP use (decongestion test with acoustic rhinometry, rhinomanometry & nasendoscopy).

ANTIGEN SKIN PRICK TEST

Inhalant allergy screen suitable for northern NSW to VIC, with assessment of house dust mites, animal epithelia, moulds, weeds, tree pollens, temperate and tropical grass pollens.

IMMUNOTHERAPY

Discussion of suitability for sublingual immunotherapy.

DIRECT NASAL ANTIGEN  
CHALLENGE

When clinical suspicion exists but RAST and epicutaneous testing are non-confirmatory. Suspected antigen must be specified in comments.

OLFACTORY ASSESSMENT

Three evoked olfactory responses: odour threshold, identification and discrimination, with validated patient outcome questionnaires.

SMELL RE-TRAINING

Discussion of suitability for smell re-training and rehabilitation.

TASTE ASSESSMENT

Identification and threshold tests assessing sweet, sour, salty and bitter taste.

LYSINE ASPIRIN  
CHALLENGE

Identification of aspirin sensitive airways disease. Please bring your asthma medication.

**ADDITIONAL RHINOLOGIC  
OPINION WITH PROF HARVEY**

**REQUIRES SEPARATE APPOINTMENT IF REQUESTED IN  
CONJUNCTION WITH TESTING.**

LOW DOSE CONICAL BEAM  
CT SCAN (SINUSES)

Paranasal sinus and airway scan. Non-contrast. Bone windows. Open frame scanner. 0.17mSv total dose (1mSv+ for traditional CT).

Comments.....

Referring doctor:

Signature:

Referral date:

Provider number:

**Read patient information over page before your appointment.**

## PATIENT INFORMATION

TEST	APPROX DURATION	NOTES
<b>Airway assessment</b>	1 hour	Avoid <b>nasal/oral decongestants</b> (eg Drixine, Otrivin, Nyal etc) or any tablets containing <b>pseudoephedrine</b> for <b><u>7 days prior</u></b> .
<b>Challenge test</b>	2 hours, plus monitoring	Avoid <b>nasal/oral decongestants</b> and <b>pseudoephedrine</b> , as above. Avoid <b>antihistamines</b> (eg Claratyne, Telfast, Zyrtec) for <b><u>7 days prior</u></b> .
<b>Skin prick testing (allergy)</b>	45 minutes	Avoid <b>antihistamines</b> , as above. Some <b>sleeping medications, blood pressure/heart medications, and antidepressants</b> may interfere with testing. <u>Please contact us prior to testing.</u>
<b>Olfactory assessment</b>	60 minutes	Do not eat for at least 30mins prior to test.
<b>Taste assessment</b>	30 minutes	Do not eat for at least 30mins prior to test.

## How to find us:

### PARKING

- On-street parking is limited
- St. Vincent's Public Hospital Car Park, enter via Victoria Street (fees apply)

### PUBLIC TRANSPORT

- Kings Cross Station (10 minutes' walk)

